

This institution is an  
equal opportunity  
provider. Menus  
are subject to  
change.

# Menus for OCTOBER 2024

Tuesday, October 1

**Breakfast**

Hot or Cold Cereal,  
PBJ Sandwich  
Banana  
Choice of Milk

**Lunch**

Beef Chili w/ Beans  
WG Cornbread  
Steamed Carrots  
Celery Sticks  
Fresh Fruit  
Choice of Milk  
HS,MS Alternate Choice

Wednesday, October 2

**Breakfast**

Corn MUSH,  
Boiled Egg  
Fresh Fruit,  
Choice of Milk

**Lunch**

WG Pepperoni Pizza  
Romaine Salad  
Ranch Dressing  
Carrot Sticks  
Fresh Fruit  
Choice of Milk  
HS,MS Alternate Choice

Thursday, October 3

**Breakfast**

Banana Muffin, Yogurt,  
Asst. Juice, Orange  
Smiles,  
Choice of Milk

**Lunch**

Cheeseburger  
On WG Bun  
French Fries  
Green Leaf, Tomato  
Fresh Fruit  
Choice of Milk  
HS, MS Alternate Choice

Friday, October 4

**Breakfast**

**ITM DAY!**

**STUDY AT  
HOME**

**SCHOOL LUNCH PIRATES  
FIND YOUR TREASURE!**  
OCTOBER 14-18, 2024

2024 NATIONAL SCHOOL LUNCH WEEK

Monday, October 7



**No School  
District Close**

Tuesday, October 8

**Breakfast**

WG Breakfast Pizza,  
Fruit Cups,  
Fresh Fruit  
Choice of Milk

**Lunch**

Frito Chili Pie  
Shred Lettuce/Tomato  
Shred Cheese  
Cut Corn  
Fresh Fruit  
Choice of Milk  
HS,MS Alternate Choice

Wednesday, October 9

**Breakfast**

Cinnamon Rolls,  
Sausage Patty,  
Tater Tots, Fresh Fruit  
Choice of Milk

**Lunch**

Chicken Nuggets  
Steamed Carrots  
Sliced Bread  
BBQ Sauce  
Fruit Mix  
Choice of Milk  
HS,MS Alternate Choice

Thursday, October 10

**Breakfast**

Banana Muffin,  
Assorted Yogurt  
Fresh Fruit  
Choice of Milk

**Lunch**

Spaghetti Noodles  
w/Meat Sauce  
Green Peas  
WG Bread Stick  
Fresh Fruit  
Choice of Milk  
HS, MS Alternate Choice

Friday, October 11

**Breakfast**

Oatmeal,  
Wg Toast, Jelly  
Fresh Fruit  
Choice of Milk

**Lunch**

Chicken Bowl  
(Mashed Potato)  
Dinner Roll  
Green Beans  
Fresh Fruit  
Choice of Milk  
HS,MS Alternate Choice

~ CHAPTER ONE ~  
**Just Read!**

Whether you use an e-reader, a tablet, a laptop, or even an actual paper book, get in the habit of reading while you're young. Studies show that kids who read for pleasure do significantly better in school than their peers who rarely read or don't read at all.

Monday, October 14

**Breakfast**

Egg & Sausage  
Sandwich, Fresh Fruit  
Assorted Juice,  
Choice of Milk

**Lunch**

Pig N Blanket  
French Fries  
Celery Sticks  
(Ketchup, Mustard)  
Fresh Fruit  
Choice of Milk  
HS,MS Alternate Choice

Tuesday, October 15

**Breakfast**

Breakfast Burrito,  
Salsa,  
Fresh Banana,  
Choice of Milk

**Lunch**

Beef Ravioli  
WG Dinner Roll  
Green Beans  
Sliced Cucumbers  
Ranch Dressing  
Choice of Milk  
HS, MS Alternate Choice

Wednesday, October 16

**Breakfast**

PB Jelly Sandwich  
Hot Cereal,  
Fresh Fruit  
Choice of Milk

**Lunch**

Native Taco w/  
Fry Bread  
Shred Lettuce, Tomato  
Salsa  
Fresh Fruits  
Choice of Milk  
HS,MS Alternate Choice

Thursday, October 17

**Breakfast**

Sausage Gravy over  
WG Biscuits,  
Fresh Fruit  
Choice of Milk

**Lunch**

Grilled Chicken  
Sandwich on Wg Bun  
Gr Leaf/Tomato Slice  
Sweet Potato Fries  
Fresh Fruit  
Choice of Milk  
HS,MS Alternate Choice

Friday, October 18

**Breakfast**

Blueberry Muffin,  
Yogurt, Asst.  
Orange Smiles,  
Choice of Milk

**Lunch**

Salisbury Steak  
Mashed Potato  
Steamed Carrots  
Wg Dinner Roll  
Fresh Fruit  
Choice of Milk  
HS, MS Alternate Choice