

Menus for OCTOBER 2022

Ganado Unified School District # 20
This institution is an equal opportunity provider. Menus are subject to change.

Word of the Month

kindness

noun 1. goodness; benevolence; 2. unrecognition of the feelings and well-being of people other than oneself 3. sympathy; gentle helpfulness

THE GLUTTON

The scientific name of the Wolverine literally means "glutton." These rare, solitary, and ferocious animals of the Arctic and North American high country weigh just 20-45 pounds, but they can kill full-grown caribou and deer. They'll eat just about anything - in the Arctic, they even eat whole and walrus carcasses!

ANIMAL APPETITES

SAVE THE BANANA!

They're a nutritious, portable snack or part of a healthy breakfast -- but bananas are under attack! A disease could wipe out the world's supply of the most popular kind of banana in the next 25 years. Scientists are hard at work to identify banana varieties that resist the disease. Let's wish them luck!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, October 3	Tuesday, October 4	Wednesday, October 5	Thursday, October 6	Friday, October 7
Breakfast Hot or Cold Cereal, WG Toast w/Jam, Diced Pears, Fresh Apples, Choice of Milk Lunch Hot Dog, Baked Beans, Baby Carrots, Fruit Mix, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Breakfast Burrito, Salsa, Fresh Peaches, Orange Slices, Choice of Milk Lunch Frito Chile Pie, Shred Lettuce/Tomato, Shred Cheese, Fresh Broccoli, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Breakfast Pizza, Cheese Sticks, Sliced Apple, Diced Peaches, Choice of Milk Lunch Turkey Deli Sandwich, Green Leaf, Tomato, Carrot Salad, Celery Sticks, Fresh Pears, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast WG Biscuit, Sausage Gravy, Fresh Pears, Choice of Milk Lunch WG Pepperoni Pizza, Romaine Salad, Ranch Dressing, Carrot Sticks, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	NO School

Fall Break

Break begins at the end of classes:
Thursday, October 6
Classes resume:
Tuesday, October 11

Monday, October 10	Tuesday, October 11	Wednesday, October 12	Thursday, October 13	Friday, October 14
NO School	Breakfast Pancake, Syrup, Grapes, Apples, Choice of Milk Lunch Baked Chicken, Mashed Potato w/ Poultry Gravy, Steam Carrots, WG Lunch Roll, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Asst. Cold Cereal, Banana Muffin, Asst. Juice, Slice Apples, Choice of Milk Lunch Grill Ham & Cheese, French Fries, Carrot & Celery Sticks, Cinnamon Apple Slices, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Scrambled Eggs w/ Sausage, WG Toast, Asst. Juice, Apple, Choice of Milk Lunch Beef Stew, WG Cornbread, Fresh Broccoli, Fresh Orange, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Breakfast Muffin, Asst. Yogurt, Orange Slices, Grapes, Choice of Milk Lunch Spaghetti Noodles w/Meat Sauce, Romaine Salad, WG Bread Stick, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>

Monday, October 17	Tuesday, October 18	Wednesday, October 19	Thursday, October 20	Friday, October 21
Breakfast WG Biscuit, Egg Patty, Slice Cheese, Asst. Juice, Fresh Nectarines, Choice of Milk Lunch Gr. Chili Chicken Soup, WG Tortilla Chips, Spanish Rice, Green Beans, Fresh Peaches, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Hot or Cold Cereal, WG Toast, Jelly, Apple Slices, Pears, Choice of Milk Lunch Grill Chicken Sandwich, Green Leaf, Tomato, Coleslaw, Carrot Sticks, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Western Omelet, Quesadilla, Salsa, Fresh Orange, Grapes, Choice of Milk Lunch Bean Burrito, Mexican Corn, Romaine Salad, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast WG Bagel, Cream Cheese, Sausage Patty, Fresh Orange, Grapes, Choice of Milk Lunch Sloppy Joe, French Fries, Baby Carrot, Baked Beans, Fruit Mix, Assorted Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Cinnamon French Toast, Syrup, Fresh Apples, Juice, Choice of Milk Lunch Chicken Nachos, Romaine Salad, Ranch Dressing, Celery Sticks, Fresh Fruits, Assorted Milk <small>(Alternate Choice @MS,HS)</small>

YOU'RE GOOD™

ALL STUDENTS EAT ALL MEALS @
NO COST ALL YEAR LONG

Ganado Unified School District

STRANGE BUT TRUE?

WHY ARE THE BUTTONS ON MEN'S AND WOMEN'S CLOTHES ON DIFFERENT SIDES? BUTTONS USED TO BE ELABORATE AND COSTLY, SO ONLY VERY WEALTHY PEOPLE HAD THEM. THE MEN PRESS THEMSELVES, BUT THE WOMEN WERE DRESSER BY SERVANTS - WHO COULD FASTEN THE BUTTONS EASIER IF THEY WERE REVERSED!

Monday, October 24	Tuesday, October 25	Wednesday, October 26	Thursday, October 27	Friday, October 28
Breakfast PB & Jelly Sand. OR Hot Cereal, Asst. Juice, Fresh Banana, Choice of Milk Lunch Pepperoni Pizza, Romaine Salad, Celery Sticks, Ranch Dressing, Strawberries/Peaches, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Asst. Cold Cereal, Banana Muffin, Grapes, Slice Apples, Choice of Milk Lunch Green Chili Pozole, WG Fry Bread, Steamed Broccoli, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Breakfast Burrito, Salsa, Diced Pears, Fresh Banana, Choice of Milk Lunch Chili Mac, Steamed Carrots, Ranch Style Beans, Garlic Toast, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Breakfast Muffin, Asst. Yogurt, Orange Slices, Grapes, Choice of Milk Lunch Chicken Enchiladas, Shred Lettuce, Tomato, Spanish Rice, Mexican Corn, Fresh Apple, Choice of Milk <small>(Alternate Choice @MS,HS)</small>	Breakfast Brown Rice with Raisins, Scrambled Eggs, Fresh Apple, Juice, Choice of Milk Lunch Corndogs, French Fries, Coleslaw, Fresh Fruit, Choice of Milk <small>(Alternate Choice @MS,HS)</small>

Happy Halloween!

YOU NEVER KNOW WHAT YOU MIGHT RUN INTO OUT THERE!

**STAY
ALERT &
BE SAFE!**

Available Daily

Middle & High School Alternate Choice:

Monday: Bean Burrito
Tuesday: Cheese Burger
Wednesday: Corndogs
Thursday: Deli Sandwich
Friday: Chicken Sandwich
(Menu is Subject to Change Daily)



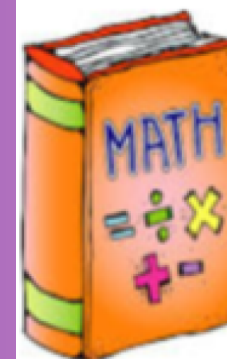
From Ganado High School

Homecoming Week "Unleash the Spirit" – October 24 – 28, 2022.

ACT Testing, Saturday, October 15, 2022

Poetry Coffee House, Tuesday, October 18, 2022

GHS Picture Day, Monday, October 24, 2022



WELCOME TO THE GANADO HIGH SCHOOL MATH DEPARTMENT BULLETINS

WAYS TO BE SUCCESSFUL

1. COME TO CLASS PREPARED!
2. ASK QUESTIONS, AND DO HOMEWORK!
3. CHECK WITH TEACHERS FOR AFTER SCHOOL TUTORING TIMES!
4. STUDY AND REVIEW!

DUE TO COVID AND BEING VIRTUAL, WE HAVE DISCOVERED THAT THE ESSENTIAL MATH SKILLS NEEDED TO BE SUCCESSFUL ARE LACKING. As your student's math teachers, we will continue to reteach the basic skills in order to achieve success!



Ganado Unified School District No. 20

Post Office Box 1757 - Ganado, Arizona 86505
Telephone: 928.755.1000 • Fax: 928.755.1012
District Website: www.ganado.k12.az.us

September 28, 2022

Ya'at'eeh Parents/Guardians of students of Ganado Unified School District;

Ganado Unified School District holds student safety as a high priority. Therefore, the following changes will be made. During bus line up after school, the classroom teachers walk the students to their assigned school busses. Please be informed that once the student is on the bus, the student will remain on the school bus until they've reached their designated bus stop. Parents cannot request to get their child off at the bus lineup. In addition, parents cannot pick-up their child while teachers are walking their classes to the busses. The safety measures put in place ensures student's whereabouts and the student's release off the school bus after school. Please understand the bus drivers and teachers do not have access to student data and cannot verify authorized individuals within that time of who the child can be released to.

If you do not want your child to ride the school bus after school, please seek proper bus pass approval followed by proper check-out protocols through the transportation department and school buildings by noon time Monday-Friday.

Your understanding in our efforts to safeguard the students of Ganado Unified School District is greatly appreciated. Please contact me at (928) 755-1018 if you have any questions.
'Ahee'hee.

Respectfully,


Dr. Leandra Thomas, Acting Superintendent

CONCURRENCE:


Davis Begay
Transportation Supervisor

Cc: Distribution
File

"Our Mission is to Ensure All Students a Quality Education and Strengthen Dine' Cultural Values for Life-long Learning"
"Our Vision is to be a Professional Learning Community that Focuses on All Students Exceeding Educational Expectations"



GANADO UNIFIED SCHOOL DISTRICT #20

SUMMER P-EBT PARENT INFORMATION LETTER

Dear Parent/Guardian:

The purpose of this Letter is to announce the availability of Pandemic-Electronic Benefit Transfer (P-EBT) for Summer 2022. The United States Department of Agriculture (USDA) has approved the Arizona Department of Economic Security (DES) to administer Summer P-EBT in partnership with Arizona Department of Education (ADE). Students meeting the eligibility requirements will qualify to receive the Summer P-EBT benefit of \$391.

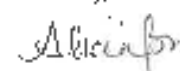
To be eligible for Summer P-EBT, Students had to be enrolled in May 2022 in a participating National School Lunch Program (NSLP) site and determined eligible for free or reduced-price meal benefits during School Year 2021-2022 (SY 2021-2022) or during the following summer months (up to July 30). Students enrolled in May 2022 at sites that participated in Special Provision Option (SPO) Provision 2, Provision 3, or Community Eligibility Provisions in SY 2021-22 automatically qualify for Summer P-EBT.

To ensure the information being provided to DES is current, please make sure that you update your student information (such as current address, parent/guardian, phone number, etc.) at your child's school. If you are unsure of your child's school meal eligibility status, please contact **Alicia Ben, Food Service** (alicia.ben@ganado.k12.az.us)

For more information, please visit <https://www.azed.gov/hns/p-ebtissuance>.

If you have other questions or need help, call (928-755-1158).

Sincerely,



The Richard B. Russell National School Lunch Act requires the information requested in order to verify your children's eligibility for free or reduced-price meals. If you do not provide the information or provide incomplete information, your children may no longer receive free or reduced-price meals. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or marital or parental status in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local), where they apply for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, contact the USDA Program Discrimination Complaint Form, AD-3027, found online at <http://www.ers.usda.gov/ohrt/USDA-3027-2016.pdf>, and at any USDA office, or write a letter addressed to USDA and provide all the information requested in the form. To request a copy of the complaint form, call (800) 532-8966. Submit your completed form or letter to USDA by: (1) mail, U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1495 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax, (202) 834-7447; or (3) email programcomplaint@usda.gov. This institution is an equal opportunity provider.