



Menus for

May
2025

Ganado Unified
School District
#20

This institution is an equal opportunity provider. Menus are subject to change.

Word of the Month

con·fi·dence

n. 1. Trust or faith in a person or thing 2. self-assurance; a strong and justified belief in one's self and one's abilities, without arrogance

Thursday, May 1

Breakfast

Zucchini Muffin,
Assorted Yogurt,
Fresh Fruit, Juice
Choice of Milk

Lunch

Chicken Enchiladas
Black Beans
Shred Lettuce/Tomato
Spanish Rice
Fresh Fruit
Choice of Milk
HS, MS Alternate Choice

Friday, May 2

Breakfast

Cinnamon French
Toast, Syrup,
Sausage Patty
Fresh Oranges,
Choice of Milk

Lunch

Beef Stew
WG Corn bread
Steamed Broccoli
Fresh Orange
Choice of Milk
(MS/HS Alternate Choice)

Brain Ticklers



If a man builds a house with all 4 sides facing south, and a bear walks by the house, what color is the bear?

(Hold the page upside down and read it in a mirror for the answer!)

Illud et a sonort srtt -shllll
drrwllp on ths hrrth sprr

Monday, May 5

District Close

No School



Tuesday, May 6

Breakfast

Blue Corn Meal,
Sausage Patty,
Fresh Fruit,
Choice of Milk

Lunch

Hamburger on Wg Bun
Gr Leaf/Tomato Slice
Sweet Potato Fries
Pickles, Ketchup
Fresh Fruit
Choice of Milk
HS,MS Alternate Choice

Wednesday, May 7

Breakfast

WG English Muffin,
Hash Brown Casserole,
Fresh Fruit
Choice of Milk

Lunch

Chicken Mandarin
Seasoned Brown Rice
Asian Vegetables
Egg Roll
Fresh Fruit
Choice of Milk
HS,MS Alternate Choice

Thursday, May 8

Breakfast

Cream of Wheat,
WG Toast, Jelly,
Fresh Fruit,
Choice of Milk

Lunch

Red Chili Pozole
WG Fry Bread
Romaine Salad
Ranch Dressing
Fresh Fruit
Choice of Milk
HS,MS Alternate Choice

Friday, May 9

Breakfast

WG Pancakes,
Sausage Links,
Syrup, Juice
Fresh Oranges,
Choice of Milk

Lunch

Meat Lasagna
Garlic Toast
Hot Mix Veggies
Fresh Fruit
Choice of Milk
HS, MS Alternate Choice

Queen for a Day!



Mother's Day Sunday, May 11

Monday, May 12

Breakfast

WG Bagel, Cream
Cheese, Sausage Patty,
Fruit Cup
Choice of Milk

Lunch

Beef Chili w/ Beans
WG Cornbread
Steamed Carrots
Celery Sticks
Fresh Fruit
Choice of Milk
HS,MS Alternate Choice

Tuesday, May 13

Breakfast

Corn Mush,
PBJ Sandwich
Fresh Fruit,
Choice of Milk

Lunch

Hotdog on a WG Bun
Baked Beans
French Fries
Celery Sticks
Fresh Fruit
Choice of Milk
HS,MS Alternate Choice

Wednesday, May 14

Breakfast

WG Toast, Jelly,
Scramble Eggs,
Fresh Fruit
Choice of Milk

Lunch

Grilled Chicken
Sandwich on Wg Bun
Sweet Potato Fries
Ketchup/Mayonnaise
Fresh Fruit
Choice of Milk
HS,MS Alternate Choice

Thursday, May 15

Breakfast

Blueberry Muffin,
Assorted Yogurt
Fresh Fruit
Choice of Milk

Lunch

WG Pepperoni Pizza
Romaine Salad
Ranch Dressing
Celery Sticks
Fresh Fruit
Choice of Milk
HS,MS Alternate Choice

Friday, May 16

Breakfast

WG Breakfast Pizza,
Assorted Juice
Fresh Fruit
Choice of Milk

Lunch

Chicken Nuggets
Steamed Carrots
Sliced Bread
BBQ Sauce
Fruit Mix
Choice of Milk
HS,MS Alternate Choice

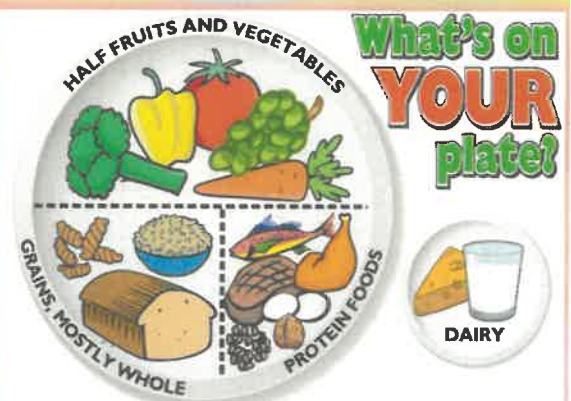
Monday, May 19
Breakfast
 Egg & Sausage
 Sandwich, Fresh Fruit
 Assorted Juice,
 Choice of Milk
Lunch
 Native Taco w/
 Fry Bread
 Shred Lettuce, Tomato
 Salsa
 Fresh Fruit
 Choice of Milk
 HS,MS Alternate Choice

Tuesday, May 20
Breakfast
 Breakfast Burrito,
 Salsa,
 Fresh Banana,
 Choice of Milk
Lunch
 Chicken Bowl
 (Mashed Potato)
 Dinner Roll
 Green Beans
 Fresh Fruit
 Choice of Milk
 HS,MS Alternate Choice

Wednesday, May 21
Manager's Choice

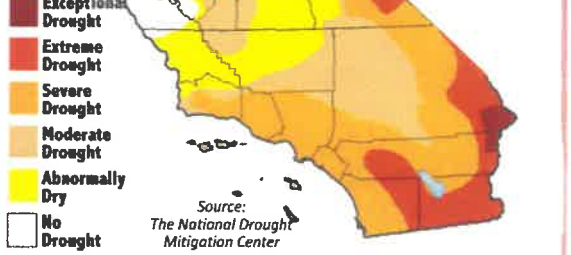

Thursday, May 22
Manager's Choice


Friday, May 23
8th GRADE PROMOTION AND HIGH SCHOOL GRADUATION
Congratulations and best of Luck to all members of Class "2025"

When California is dry, we're all in a drought

Whatever fruits and vegetables you put on your plate, chances are good that you're eating produce from California. That's why the long-lasting drought in California affects everyone, all over the United States. This map shows the extent of the drought as of the 10th of April 2025 -- and we're pretty much at the end of the California rain and snow season.



- Percentages of U.S. production that comes from California:**
- Walnuts 99%
 - Almonds 99%
 - Artichokes 99%
 - Pistachios 98%
 - Kiwis 97%
 - Plums 97%
 - Broccoli 95%
 - Celery 95%
 - Garlic 95%
 - Strawberries 92%
 - Grapes 91%
 - Tomatoes 90%
 - Cauliflower 89%
 - Lettuce 74%
 - Spinach 71%
 - Carrots 69%

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Available Daily


Middle & High School
Monday: Corndogs
Tuesday: Tacos'
Wednesday: Pepperoni Pizza
Thursday: Bean Burrito
Friday: Cook's Choice
 (Menu are Subject to Change)

SUMMER FOOD SERVICE PROGRAM
MAY 28-JUNE 18, 2025
Serving Time & Location:
Breakfast 7:30-9:00am
Lunch: 11:00am-12:30 pm
Intermediate School Cafeteria,
Middle School Cafeteria,
(18 Years and Younger eat for FREE)

VEGETABLE OF THE MONTH

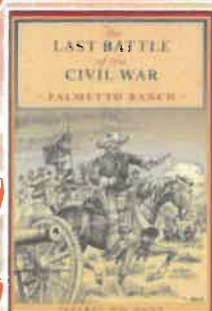
Corn

Among the fantastic fresh summer foods we all anticipate, fresh corn on the cob is certainly a favorite. Technically, corn is a grain, but most often we use it like a vegetable. In most parts of the U.S., fresh sweet corn season is in full swing from July through September.



OUR NATION'S HISTORY

The American Civil war did not end in April 1865 with General Lee's surrender to General Grant in Virginia. A larger Confederate army surrendered in North Carolina several weeks later. And the final battle of the bloodiest war in American history didn't take place until May 1865, 150 years ago this month, at Palmetto Ranch, Texas, near the Mexican border. Ironically, this last engagement was a victory for the Confederate forces despite their losing the war!



The Last Battle of the Civil War: Palmetto Ranch, by Jeffrey W. Hunt

WITH LIBERTY & JUSTICE FOR ALL