

Good Morning Students and Families,

We have reached our final week of virtual school, once again I am so proud of you all and your families, despite the difficult circumstances we are facing we continued to get things done. Students, I am happy for the time we got to spend this school year and cannot wait to see you all again. I hope you and your family remain safe during this time and continue to stay strong.

Don't forget to keep up with your exercises and include your family in them as well. It is definitely something that will help us during this time, it is definitely helping myself. I attached 2 different resources if you are looking for any additional exercise ideas. These DO NOT have to be turned in and are for your own personal use. If you have any other questions or need any other assistance feel free to contact me. Thank-you for allowing me to be your SPARK teacher! :)

Miss Ben