

Journal Prompts

1. Are first impressions important?
2. What famous person would you like to have over for dinner?
3. Today is a good day because....
4. I am proud of _____ about myself.
5. One good deed I am going to do this week is...
6. Tell me three things you hate about your life...now tell me how you're going to fix each one of those.
7. I watch TV because...
8. What I would do if zombies took over the earth.
9. What would you do if you were a fish for a day? Go into detail when sharing about your adventures.
10. Where do you see yourself in 3-5 years? Are you working? In School? Social life info??
11. What was your weirdest dream ever? Go into all the crazy, scary, eerie details!
12. Persuade me that coffee at Starbucks should be FREE to all students. Remember to use one of your rhetorical devices [Pathos, Ethos, Logos, Research, etc.]
13. Write a fictional story about teddy bears, or gummy bears, taking over the world. What would you do?? Tell me the Who, What, When, Where, and Why...
14. Who is your favorite band and why? What is it about them? The lyrics, people, mood, tone??
15. If you could live anywhere, where would you live, and why is that the best place to live? Why would I want to visit it too?
16. What profession do you want to be when you grow up? Have you always wanted to be this, or is this profession a recent development?
17. Describe your deepest fear. What is it about this entity that frightens you? Is this a logical or irrational fear? When did it start?
18. Write a poem about a stuffed animal ☺
19. Write a letter to a friend while you're on your favorite family vacation. Tell them all the exciting adventures you're participating in and maybe a rough part of the trip.
20. If you could be a character in your favorite movie, which character [and from what movie] would you be and why??
21. Would you Rather: Live forever OR have the superpower of being invisible? You MUST choose one!
22. Have you ever had a surprise birthday party thrown for you? If not, do you want one? Why or why not?
23. Someone I secretly admire is...
24. List three people you admire. Write down what you like about them. Have they influenced you in any way?
25. Write about someone who has died but meant a lot to you.
26. What is your favorite holiday?
27. Ten items I would love to own...
28. Having money is...
29. Describe yourself at seventy. What do you look like? What have you learned?

30. Describe yourself at seven.
31. This week I have avoided...
32. I love to play...
33. It's my experience...
34. If I met God...
35. I love to wear...
36. I worry about...
37. I have a habit of...
38. I secretly enjoy...
39. Describe your favorite room...
40. I would love to learn to...
41. If it weren't too late, I would...
42. What do you like to do when it rains outside?
43. What is your favorite book that you've not had to read for school? What makes it your favorite book? The characters, the plot, the fact that it's not for school??
44. What does it mean to live your life with Integrity?
45. What do you want to major in in college? What do you need to do now to make that a possibility?
46. What does it mean to live on Team Ownership? Do you take ownership of all the events that happen in your life? If not, how can you start to take ownership of your life?
47. This school year, I would like to learn...
48. This school year, I would like to forget...
49. Why are people bullies? Is there more to it than just being a mean person? What can we do to stop bullying?
50. When you grow up, would you rather live in the city or in the suburbs? Why?
51. Why do you think show like "Sixteen and Pregnant" & "Teen Moms" are popular on TV?
52. Could there ever be a second Holocaust? Why or why not? What can we do to prevent another one?
53. Write an acrostic poem with your first name. If you have extra time, do your last name too!
54. What dream job did you want to be growing up? A fireman? A princess? A Rock Star?...who says you can't be that now??
55. Do you think everything has a reason?
56. What is fate? Do you believe in fate? Or is it just a scheme for hopelessly romantic people?
57. Why is there hate in the world? Why can't we all just get along?
58. Once upon a time there was a little boy and he loved to play in the forest. One day he woke up and was so excited to go hunting! He put on his new boots and got his bow and arrow. He ate his breakfast and walked out of his cabin. But...
59. Why is it that even as high schoolers and adults, we still like things we loved in kindergarten? Stamps and stickers on papers, coloring, nap time, stories...
60. Make up your own prompt for today ☺

Happy Writing!